Over the past 30 years, women’s health has come to the forefront of medical science and policy. The establishment of the United States Health and Human Services “Women’s Health Committee” in 1984 led to several important milestones that changed the face of women’s health in this nation. Such achievements included the increased inclusion of women in clinical trials, expanded health care access for reproductive and nursing rights, the creation of an HPV vaccine to protect our young women, and improved breast cancer screening and technology. American women today enjoy a longer lifespan than ever before.

Alongside these great advances was the development of botulinum toxin, soft tissue fillers, lasers, and light sources. This ushered in an era of noninvasive technology that would change the face of anti-aging medicine forever. Growing demand for these procedures amongst women exploded over the same time period, necessitating a thoughtfulness to the unique female mind, body, and spirit. Physicians must therefore pay careful attention to female-specific diagnoses, both medical and aesthetic in nature, and learn to tailor cosmetic treatments to several female-specific conditions.

Finding solutions for female-specific concerns in a safe, effective, and noninvasive manner is the hot-button topic of today’s industry and research.

We would like to thank all the contributing authors for their hard work and dedication to this issue, which holds personal importance as female physicians ourselves. We especially thank our mentors for their continued support and for the opportunity to serve as guest editors of this prestigious journal. Your open mind and encouragement allowed us the freedom to create an issue of significance that will further improve upon women’s health. We hope this issue fills in knowledge gaps, increases comfort levels, and instills pride in our specialty as leaders and innovators of women’s health.

Lauren Meshkov Bonati, MD, FAAD
Mountain Dermatology Specialists
Cosmetics, Laser, and Dermatologic Surgery
Edwards, CO
Lauren.bonati@gmail.com

Mona Sadeghpour, MD, FAAD
Assistant Professor of Dermatology
Director, Laser Medicine and Cosmetic Surgery
University of Colorado Denver
Denver, CO
mona.sadeghpour@gmail.com

Nicola A Quatrano, MD
Westchester Dermatology and Mohs Surgery
White Plains Hospital Physician Associates
Mount Kisco and Scarsdale, NY
nquatrano@wphospital.org

At the time December issue of Seminars in Cutaneous Medicine and Surgery was developed, the Guest Editors were Fellows with SkinCare Physicians, Chestnut Hill, Massachusetts.